Remembering Allah in Our Daily Lives

15-minute standard · Free English Friday sermon

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First Khutbah — Arabic Opening

Innal hamda lillah,
nahmaduhu wa nasta‘eenuhu wa nastaghfiruhu,
wa na‘oodhu billahi min shuroori anfusina
wa min sayyi’aati a‘maalina. ▶ Audio

إِنَّ الْحَمْدَ لِلَّهِ، نَحْمَدُهُ وَنَسْتَعِينُهُ وَنَسْتَغْفِرُهُ، وَنَعُوذُ بِاللَّهِ مِنْ شُرُورِ أَنْفُسِنَا وَمِنْ سَيِّئَاتِ أَعْمَالِنَا.

Man yah-dihi-llahu falaa mudilla lah,
wa man yud-lil falaa haadiya lah. ▶ Audio

مَنْ يَهْدِهِ اللَّهُ فَلَا مُضِلَّ لَهُ، وَمَنْ يُضْلِلْ فَلَا هَادِيَ لَهُ.

Wa ash-hadu an laa ilaaha illallahu wahdahu laa shareeka lah,
wa ash-hadu anna Muhammadan ‘abduhu wa rasooluh. ▶ Audio

وَأَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

Yaa ay-yuhal-ladheena aamanut-taqul-laha haqqa tu-qaa-tihi
wa laa tamootunna illaa wa antum muslimoon. ▶ Audio

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ حَقَّ تُقَاتِهِ وَلَا تَمُوتُنَّ إِلَّا وَأَنْتُمْ مُسْلِمُونَ.

Yaa ayyuhan-naasu-ttaqu rabbakumul-ladhee khalaqakum min nafsin waahidah,
▶ Audio

يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ وَاحِدَةٍ،

wa khalaqa minhaa zawjahaa,
wa baththa minhumaa rijaalan katheeran wa nisaa’aa. ▶ Audio

وَخَلَقَ مِنْهَا زَوْجَهَا، وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا وَنِسَاءً.

Wattaqullahal-ladhee tasaa’aloona bihi wal-arhaam.
Innallaha kaana ‘alaykum raqeebaa. ▶ Audio

وَاتَّقُوا اللَّهَ الَّذِي تَسَاءَلُونَ بِهِ وَالْأَرْحَامَ، إِنَّ اللَّهَ كَانَ عَلَيْكُمْ رَقِيبًا.

Yaa ayyuhalladheena aamanu-ttaqullaha wa qooloo qawlan sadeedaa. ▶ Audio

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَقُولُوا قَوْلًا سَدِيدًا.

Yuslih lakum a‘maalakum wa yaghfir lakum dhunoobakum. ▶ Audio

يُصْلِحْ لَكُمْ أَعْمَالَكُمْ وَيَغْفِرْ لَكُمْ ذُنُوبَكُمْ.

Wa man yuti‘illaha wa rasoolahu faqad faaza fawzan ‘azeemaa. ▶ Audio

وَمَنْ يُطِعِ اللَّهَ وَرَسُولَهُ فَقَدْ فَازَ فَوْزًا عَظِيمًا.

Ammaa ba‘d. ▶ Audio

أَمَّا بَعْدُ.

Fa inna asdaqal hadeethi kitaabullah, ▶ Audio

فَإِنَّ أَصْدَقَ الْحَدِيثِ كِتَابُ اللَّهِ،

wa khayral hadyi hadyu Muhammadin sallallahu ‘alayhi wa sallam, ▶ Audio

وَخَيْرَ الْهَدْيِ هَدْيُ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،

wa sharral umoori muh-dathaa-tuhaa,
wa kulla muh-dathatin bid‘ah,
wa kulla bid‘atin dalaalah,
wa kulla dalaalatin fin-naar. ▶ Audio

وَشَرَّ الْأُمُورِ مُحْدَثَاتُهَا، وَكُلَّ مُحْدَثَةٍ بِدْعَةٌ، وَكُلَّ بِدْعَةٍ ضَلَالَةٌ، وَكُلَّ ضَلَالَةٍ فِي النَّارِ.

First Khutbah — English

My dear brothers in Islam,

I advise myself first, and then all of you, to have taqwa of Allah.

Fear Allah, be aware of Allah, and remember that our hearts should remain connected to Him throughout our lives.

Today's khutbah is about something that every Muslim can do.

Something that requires no money, no special equipment and very little time.

Yet something that can bring us closer to Allah and bring peace into our hearts.

Remembering Allah in our daily lives.

My dear brothers in Islam,

We live in a world filled with distractions.

From the moment we wake up, our minds become occupied with responsibilities.

We think about work, our bills and our families.

We check our phones, read messages and begin worrying about the day ahead.

And sometimes, an entire day passes without us giving much thought to Allah.

We may perform our salah, but between those prayers, our minds become completely occupied with worldly matters.

Remembering Allah should not be something we do only during salah. It should be part of our everyday lives.

Allah says in Surah Al-Ahzab, (verse 41):

"Believers, remember Allah often"

Think about this command.

Allah does not tell us to remember Him only when we are in the masjid, during Ramadan or when we are facing difficulties.

He tells us to remember Him often.

This remembrance is known as Dhikr.

And it is one of the simplest ways we can strengthen our relationship with Allah.

My dear brothers in Islam,

Dhikr includes praising Allah, thanking Him, seeking His forgiveness and remembering His greatness.

We can say SubhanAllah, meaning Glory be to Allah.

Alhamdulillah, meaning All praise belongs to Allah.

Allahu Akbar, meaning Allah is the Greatest.

And Astaghfirullah, meaning I seek Allah's forgiveness.

These are simple words.

But when we say them sincerely, with an understanding of their meaning, they become acts of worship.

My dear brothers in Islam,

Think about how many opportunities we have to remember Allah throughout the day.

While walking, travelling to work, waiting for an appointment or sitting quietly at home.

We do not always need to set aside a long period of time.

Even a few moments can be used to remember Him.

The problem is often not that we have no time for Dhikr, but that we have not made it a habit.

My dear brothers in Islam,

Allah gives us a beautiful reminder in Surah Ar-Ra'd, (verse 28):

"truly it is in the remembrance of Allah that hearts find peace"

Every one of us wants peace in our lives.

Peace within our families, our homes and our hearts.

But sometimes, we search for that peace in the wrong places.

We believe that earning more money will solve every problem.

Or that buying a bigger house will finally make us happy.

But my dear brothers in Islam,

Money cannot guarantee peace.

A beautiful home cannot guarantee happiness.

And a person may have everything this world offers while still feeling empty inside.

True peace comes from having a heart that remains connected to Allah.

My dear brothers in Islam,

This does not mean that remembering Allah will remove every difficulty from our lives.

We may still experience sickness, financial pressure, family problems and sadness.

But remembering Allah reminds us that He knows what we are going through.

He hears our duas, and we can continue placing our trust in Him.

Dhikr can provide spiritual comfort, while we still take practical steps and seek help when needed.

My dear brothers in Islam,

The Prophet Muhammad, Sallahu Alayhi wa Salam, gave us a powerful example of the importance of remembering Allah.

In Sahih al-Bukhari, (Hadith 6407), the Prophet, Sallahu Alayhi wa Salam, compared the person who remembers Allah with the person who does not.

He explained that they are like the living and the dead.

Think about that comparison.

A person may be physically alive.

He may work, eat, sleep and enjoy the things of this world.

But if he completely neglects the remembrance of Allah, he is missing something essential to his spiritual life.

Just as our bodies need nourishment, our hearts need the remembrance of Allah.

My dear brothers in Islam,

There is another beautiful hadith that should encourage every one of us.

In Sahih Muslim, (Hadith 2675a), the Prophet Muhammad, Sallahu Alayhi wa Salam, narrated that Allah says He is with His servant when that servant remembers Him.

And when His servant remembers Him privately, Allah remembers that servant.

What an incredible honour.

We may be ordinary people.

We may not be wealthy or well known.

But through sincerely remembering Allah, we can earn something far greater than the recognition of people.

We can become servants who are remembered by Allah.

My dear brothers in Islam,

Sometimes, we only remember Allah when something goes wrong.

When we become sick, we make dua.

When we struggle financially, we ask Allah for help.

There is nothing wrong with seeking Allah's help during hardship.

But what about the times when life is going well?

When we are healthy, when our families are happy and when we have enough to meet our needs?

We should remember Allah during times of ease, just as we remember Him during hardship.

My dear brothers in Islam,

Remembering Allah should also influence our behaviour.

It should not simply be words we repeat while continuing to disobey Him.

A person may spend time saying Astaghfirullah, but then deliberately cheat someone in business.

He may praise Allah regularly, but speak cruelly to his family.

Or he may perform Dhikr while neglecting his obligatory prayers.

True remembrance should encourage us to become more obedient, honest and thankful.

When we remember that Allah sees us, we become more careful about our actions.

When we remember His mercy, we are encouraged to repent.

And when we remember His blessings, we become more grateful.

My dear brothers in Islam,

We should also make the remembrance of Allah part of our family lives.

We should teach our children to remember Allah alongside their education and daily responsibilities.

Teach them to say Bismillah before eating.

To say Alhamdulillah when they finish.

To make dua before sleeping.

And to thank Allah when something good happens.

Teach them gently, according to their age and understanding.

And most importantly, let them see us practising these habits ourselves.

When children hear their parents remembering Allah naturally, they begin to understand that Islam is not only something practised at the masjid. It is part of the way we live at home, every day.

My dear brothers in Islam,

There is one more danger we should remember.

Allowing our worldly responsibilities to completely distract us from Allah.

Allah warns us in Surah Al-Munafiqun, (verse 9), not to allow our wealth and children to distract us from remembering Him.

Our work and families are important responsibilities.

But they should not become reasons for forgetting Allah.

A busy life should never become an excuse for a heart that forgets its Creator.

My dear brothers in Islam,

Let us examine ourselves today.

How often do we remember Allah outside our prayers?

How much time do we spend on our phones compared with making Dhikr?

And when something good happens, do we remember to thank Him?

We do not need to change our entire lives overnight.

We can begin with small, regular acts of remembrance.

May Allah make our tongues constant in His remembrance.

May Allah fill our hearts with peace and gratitude.

May Allah protect us from becoming distracted by this world.

And may Allah make us among those who remember Him sincerely, Ameen.

End of First Khutbah — Asking for Forgiveness

Aqoolu qawlee haadhaa,
wa astaghfirullaha lee wa lakum,
wa li saa'i-ril muslimeena min kulli dhanb.
Fastaghfirooh, innahu huwal ghafoorur raheem. ▶ Audio

أَقُولُ قَوْلِي هَذَا، وَأَسْتَغْفِرُ اللَّهَ لِي وَلَكُمْ، وَلِسَائِرِ الْمُسْلِمِينَ مِنْ كُلِّ ذَنْبٍ،
فَاسْتَغْفِرُوهُ، إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.

Sit briefly between the two khutbahs.

Second Khutbah — Arabic Opening

Alhamdulillahi rabbil 'aalameen, was-salaatu was-salaamu 'alaa ashrafil anbiyaa'i wal mursaleen, nabiyyinaa Muhammadin, wa 'alaa aalihi wa sahbihi ajma'een.
▶ Audio

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى أَشْرَفِ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ،
نَبِيِّنَا مُحَمَّدٍ، وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ.

Ash-hadu an laa ilaaha illallahu wahdahu laa shareeka lah, wa ash-hadu anna Muhammadan 'abduhu wa rasooluh. Ammaa ba'd. ▶ Audio

أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ. أَمَّا
بَعْدُ.

Second Khutbah — English

My dear brothers in Islam,

Again, I advise myself and all of you to have taqwa of Allah.

We have spoken about the importance of remembering Allah throughout our daily lives.

But now we need to ask ourselves:

How can we make Dhikr a regular part of our day?

My dear brothers in Islam,

The first thing we can do is begin our mornings with the remembrance of Allah.

When you wake up, thank Allah for giving you another day.

Another opportunity to pray, seek forgiveness and do good.

Before becoming occupied with messages and social media, spend a little time remembering Him.

My dear brothers in Islam,

The second thing we can do is remember Allah after our obligatory prayers.

Instead of immediately rushing away, spend a few moments making the prescribed Dhikr.

Praise Allah, thank Him, seek His forgiveness and make sincere dua.

These few moments can help us maintain our connection with Allah throughout the day.

My dear brothers in Islam,

The third thing we can do is use some of the time we normally waste.

Perhaps you spend time waiting for someone, travelling as a passenger or sitting quietly after work.

Instead of automatically reaching for your phone, use some of that time to remember Allah.

Even a small amount of regular Dhikr can help us develop a lasting habit.

My dear brothers in Islam,

We should also teach our children simple forms of remembrance.

Encourage them to say Bismillah before beginning something good.

To say Alhamdulillah when they receive a blessing.

And to ask Allah for help when they are worried.

Explain the meaning of these words so they understand what they are saying.

And let them hear us remembering Allah naturally throughout the day.

My dear brothers in Islam,

Another important step is to remember Allah during difficult moments.

When you become angry, remember that Allah sees how you behave.

When you face a problem, ask Him for guidance.

And when you feel overwhelmed, take a moment to make Dhikr and dua.

This does not replace the need to solve problems or seek appropriate help.

But it reminds us that our efforts should always be connected to our trust in Allah.

My dear brothers in Islam,

We should also be careful that our Dhikr is sincere.

It is not simply about repeating words as quickly as possible.

Take time to reflect upon their meaning.

When you say Alhamdulillah, remember the blessings Allah has given you.

When you say Astaghfirullah, remember your need for forgiveness.

And when you say Allahu Akbar, remember that Allah is greater than every worldly concern.

My dear brothers in Islam,

One day, our lives will come to an end.

The phones, possessions and worldly distractions that occupied so much of our time will remain behind.

But the good deeds we performed sincerely can benefit us in the Hereafter.

So let us make the remembrance of Allah part of our daily routines.

Let us become Muslims whose tongues remember Allah, whose hearts trust Him and whose actions reflect that remembrance.

May Allah make us among those who remember Him often.

May Allah bring peace into our hearts and homes.

May Allah protect our children from forgetting their religion.

May Allah forgive our sins and accept our worship.

And may Allah allow our final deeds to be among our best deeds, Ameen.

Closing Dua — Arabic Transliteration

In-nal-laaha wa ma-laaa-e-ka-ta-hoo yu-sal-loo-na 'alan-na-bee,
yaaa ay-yu-hal-la-thee-na aa-ma-noo sal-loo 'a-lay-hi wa sal-li-moo tas-lee-maa.

▶ Audio

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ، يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا.

Allah humma Sali wa salam wa barik ala Muhammadin wa ala alley Muhammad

▶ Audio

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ.

Allahummaghfir lil-muslimeena wal-muslimaat, wal-mu'mineena wal-mu'minaat, al-ahyaa'i minhum wal-amwaat. ▶ Audio

اللَّهُمَّ اغْفِرْ لِلْمُسْلِمِينَ وَالْمُسْلِمَاتِ، وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ، الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ.

Rabbanaa zalamnaa anfusanaa, wa illam taghfir lanaa wa tarhamnaa, lanakoonanna minal-khaasireen. ▶ Audio

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ.

Rabbanaa aatinaa fid-dunyaa hasanah, wa fil-aakhirati hasanah, wa qinaa 'adhaaban-naar. ▶ Audio

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ.

Final Khutbah Closing — Arabic Transliteration

Ibaadallah,
innallaha ya’muru bil-‘adli
wal-ihsaani
wa eetaa’i dhil-qurbaa,
wa yanhaa ‘anil fahshaa’i wal-munkari wal-baghy.
Ya‘izukum la‘allakum tadhakkaroon. ▶ Audio

عِبَادَ اللَّهِ، إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَاءِ ذِي الْقُرْبَىٰ، وَيَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ، يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ.

Wa akhiroo da3wanal humdoolilahi rubul Alameen.
Wa Aqimis-salaah. ▶ Audio

وَآخِرُ دَعْوَانَا أَنِ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ. وَأَقِمِ الصَّلَاةَ.